Learning at Home and On the Go

You are your child’s first and most important teacher. When a child hears language, it leads to future comprehension, association and the transfer of knowledge to future situations.

Rub a dub dub. . .
- Sing songs, nursery rhymes, and play games
- Count numbers
- Pour water from one cup to another. Which is bigger or smaller?
- Play with toys, match colors
- Can you find me the . . .
- Name parts of their body as you bathe
- Ask them to point to your nose, hand, etc.

Clothes Encounters. . .
- Ask little helpers to sort laundry and throw it
- Make it a game to put clothes in piles
- Let your child choose to wear the red shirt or blue shirt to promote decision making skills
- Go get the white shoes and bring them here
- Match socks
- Separate individual family members’ clothes into piles
- Help put the clothes away in the drawers or closet
- Name body parts while dressing your child, such as “put your arm in the sleeve of your shirt”

On the Go. . .
- What do you see? vehicles, places, signs, people, nature
- What colors do you see?
- What is the weather?
- Where are you going and in what direction and in what order?
- Listen to children’s music, books on tape, or nothing at all
- Talk about stoplights, street signs and rules of the road
- Sing songs, nursery rhymes, and count objects

Teachable moments occur everyday and everywhere. Seize the moment and capture your child’s enthusiasm.

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