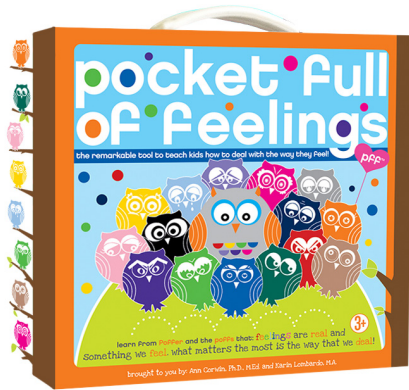


overview for success

pocket Full of Feelings™ (pFF™)



Children, at each grade level, experience a wide range of emotions, but understanding them and knowing how to deal with them is not easy! Learning about feelings is an important part of a child's development. Managing behavior is also an important skill that children are working on developing. Identifying, understanding, and ultimately dealing successfully with feelings alone will give children an advantage in regard to overall well-being, performance and success in life.

pocket Full of Feelings™ (pFF™)

is an **emotional literacy tool** designed to develop children's social-emotional intelligence in order to increase their behavioral competencies. Emotional education involves the nurturing of children's emotional and social skills in order to promote success.

Our simple to apply, research-based, interactive process gives you all you need to understand and guide children toward positive behavior and increase social emotional competency at the same time. When children understand the way they feel and exactly how to deal, they are empowered to make better choices, in a position to learn effectively and ultimately better equipped for their future. Designed especially for small groups or 1 on 1, pFF™ is fun and easy to use. We ensure that teaching pFF™ to children will be a valuable and enjoyable experience. The pocket Full of Feelings™ collection includes everything you need to help children deal with feelings and improve behavior!

pFF™ provides all you need to teach children to:

1. Identify and define what they feel
2. Learn how their feelings influence their behavior
3. Express their feelings constructively at school

www.pocketFullOfFeelings.com    

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