

Kindergarten Transition Checklist



Social and Emotional Skills

- Follows one- and two-step directions
- Stays on task for ten minutes
- Listens to a story without interruption
- Completes self-care tasks independently (bathroom and hand-washing, tissue needs, zips, and buttons)
- Shares and takes turns
- Uses words to express feelings and needs
- Follows rules and routines
- Asks for help when needed
- Accepts responsibility for own actions
- Engages in self-directed play when given choice of activities
- Separates easily from parents / caregivers

Gross Motor Skills (Skills Using Large Muscle Groups)

- Runs, jumps, skips
- Catches a large ball
- Walks backward

Fine Motor Skills (Skills Using Small Muscles)

- Grasps objects correctly (pencil / crayon grasp; manipulates small objects with pinching grasp)
- Holds and manipulates scissors to cut straight lines and simple shapes
- Copies vertical and horizontal lines to form letters, numbers, and shapes

Oral Language

- Speaks in complete sentences
- Participates / engages in peer story discussion
- Uses appropriate words to describe an object, event, or experience
- Identifies characters and recalls basic story details

Literacy

- Identifies most letters of the alphabet (both upper and lower case letters)
- Recognizes his / her written name
- Distinguishes between first, middle, and last names when seen in writing
- Writes first name beginning with a capital letter and followed by lower case letters
- Identifies some beginning letter sounds
- Recognizes when words start with the same sound
- Recognizes when words do and do not rhyme
- Looks at books independently
- Opens and holds a book correctly
- Can grasp and turn pages of a book
- Reads from left to right

Math

- Counts aloud to 20 or higher
- Counts 10 or more objects
- Identifies written numbers 0 to 10
- Sorts objects by attributes (color, shape, size)
- Identifies basic colors (red, orange, yellow, green, blue, purple, black, white, brown)
- Recognizes basic shapes (circle, square, triangle, rectangle, oval, diamond / rhombus*)
- Recognizes and continues basic patterns

*Virginia Beach City Public Schools using the terminology "rhombus" for the diamond shape.